

A Time for Change and Self-Discovery

This I feel is going to be a year for change.

We seem to be waking up, we seem to be opening our eyes to the magnificence of what is actually available to us.

When we open ourselves to change in whatever that way is for us, we open ourselves to see the signs, we feel guided in a particular direction, things seem to 'go' our way, 'fall into place'.

It's just that you have opened yourself to the universal energy of possibilities. Sometimes there are little 'road blocks' I personally see these as little tests. "How much do I really want this?"

Change can be a little scary, but taking the leap of faith, trusting that change can open doors for you, whether it's feeling healthier, moving house, job of a lifetime opportunity, the outcome is often so much more than what our limiting minds had in store for us.

We can all change. We have complete control over our own will. Take the leap! If what you have been doing has not been working for you in the past, then dare to change!

There is growth in change, the road to self- discovery and amazing possibilities.

This week, invite yourself to change something in your life. Have the courage to change it up, discover something new. And watch the view of your world open up and become vibrant.

Much love Anna xx

